CVUSD Preschool @ City Center

# Parent Handbook 2024-2025



# The Safe, Friendly, Respectful Place



CVUSD Preschool is a joint project of Conejo Unified School District, and The City of Thousand Oak



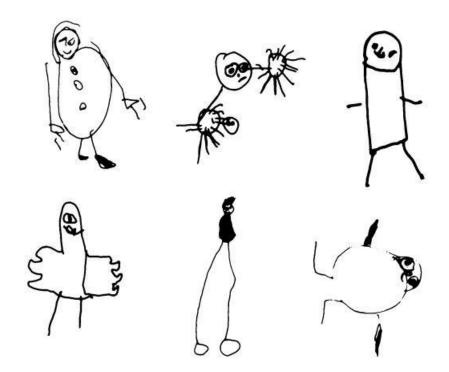
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## **CVUSD Preschool Mission Statement**

"To build a strong foundation for families with young children in the Conejo Valley by providing early care and education; and connections to wellness services for healthy families and a stronger community."

Motto: "Educating the mind without educating the heart is not education at all." Aristotle



## **Program Philosophy**

The staff and administration at CVUSD Preschool know that young children thrive in safe, friendly and respectful environments. These elements are foundational and at the core of our program's philosophy; a philosophy that fosters a child-centered curriculum and is based on the guiding principles of the California Preschool Curriculum Framework.

- Relationships are central.
- Play is the primary context for learning.
- Learning is integrated.
- Intentional teaching enhances children's learning experiences.
- Family and community partnerships create meaningful connections.
- Individualization of learning includes all children.
- Responsiveness to culture and language supports children's learning.

The multi-age opportunity, along with parent participation, promotes empathy, self-regulation and leadership development. We offer care and curriculum that is age appropriate for children's developmental needs in a rich setting allowing for exploration, creativity, problem- solving, science, math, and language acquisition through play, group activities and individual choice.

## **Licensed Program**

Did you know that CVUSD Preschool at City Center is a licensed preschool? What this means is that our program is guided by over 100 pages of regulations and laws as set by the state of California. In California, licensing of child care businesses is handled through the Child Care Licensing Division (CCLD) of the Department of Social Services (DSS). As the state has the authority to inspect our operation, a licensing program analyst may visit our site routinely to check in and will also visit us in response to any reported concerns. These inspections may be unannounced and may include interviews of staff, students and parents. As you fill out your enrollment packet you will notice licensing forms. These forms are mandated and require annual updating including your child's Physician Report.

## **Policies and Procedures**

### **Registration Procedure and Placement**

CVUSD Preschool @ City Center serves children ages 18 months to enrollment in kindergarten. After the initial parent tour and intake interview, where the child's development/needs are discussed, and enrollment process is completed, the child will be placed in a group according to age, developmental level, and particular needs of the child in accordance with Title22 and/or Title 5.

## **Hours of Operation**

City Center is a 12 month/year-round program. The center is closed for all school district holidays, 2 parent/teacher conference days and two All Staff in-service days. We are open from 7:00 a.m. – 6:00 p.m., however each family will choose up to a maximum of 10 hours for needed service. We understand that each family has different childcare needs and out of consideration for staffing coverage, we require all full-time families to specify what hours you will need on a daily basis. You can choose from **7am–5pm**, **7:30am-5:30pm** or **8am –6pm**.

## **Tuition and Fees**

#### **Application/Materials Fee**

There is a \$100 application fee that is non-refundable and due at the time of registration. This will reserve your spot in the program. In addition, there is an annualmaterials fee of \$100 per child that is due when you begin at City Center and then collected in October of each school year. If you are registering August or September, the \$100 materials fee will be collected in October.

#### **Tuition Due Dates:**

 <u>Tuition is due on the 1st of each month</u> Tuition is a flat rate ---the monthly amount remains the same, regardless of breaks, holidays or vacations.

#### - Tuition is considered late after the 5<sup>th</sup> of the month.

A late fee of \$25.00 for each month tuition (or partial tuition) is late will be collected, as well as any returned check charges.

#### Summer Program Fee

There is a non-refundable Summer Program Fee of \$25.00 collected in May. This covers the cost of extra activities planned for our Summer Program.

#### **Key Fobs**

Key fobs for our security door are required for entry into the center and can be purchased for \$10.00 each.

#### Late pick-up Fees

A fee of \$1.00 per minute, per child, is charged when a child is picked up late. It is the parent's responsibility to pay the late fee at pick up or prior to the child's next day of attendance.

#### After 6:30pm - Late Pick-Up Policy-

We will request the Sheriff's Department to pick up your child if we have been unable to reach you or anyone on your Emergency/Sign-Out Authorization form. We will pursue this if, and only if, all other efforts have failed. It is imperative that you have dependable back-up people listed on your sign-out authorization. Remember, our center is always a phone call (or email) away!

## **Program Withdrawal and Changes**

#### Withdrawal

For any program change request (withdrawal or changing from full-time to part-time and viceversa), you must notify the Early Childhood office in writing by the 1st of the effective month requested (email and faxes are accepted; you may also notify us via the website "Contact Us" form. No verbal notice will be accepted as valid.). If written notice is not received, NO refunds will be given and tuition for the effective month will remain on our books until paid, affecting any future enrollment in any Early Childhood and Child Care programs.

#### **Program Change Request**

Please contact the Early Childhood office when considering changing a program mid-year. The Early Childhood office will be glad to share details regarding your request and to place you on a wait list, if needed. Changing from fulltime to part-time, or vice versa, is permitted only once during the school year. See above for additional information.

	5 days	3 days	2 days
Part Time (9-12)	\$696	\$488	\$383
Preschool Day (8:30-12:30)	\$886	\$608	\$463
School Day (9-3)	\$988	\$668	\$508
Full Time (10 hours)	\$1288	\$871	\$690

#### **Preschool Tuition**

#### Fundraising

All classrooms have the option to participate in a fundraiser. Your support is appreciated and goes a long way no matter the quantity, amount, time, etc. All monies raised are used by the classrooms for program enhancement.

#### Donations

Donations are always welcome for the classroom. Every classroom has a Wish List posted that includes some of the following:

- Tissues
- Flour
- Cream of Tartar
- Salt
- Paper for art work or printing
- Hand soap
- Collage supplies
- Gardening Soil
- Envelopes
- Collage supplies

## Health, Safety and Nutrition

### **Immunizations, Physicians Reports, and Records**

The Center is required to have on file a current physician's report verifying overall good health and required immunizations. Current information on immunization status must be maintained while the child is enrolled. A current TB test must be on file or the child's physician must determine no risk factors are present.

Exemption to immunizations is only made for the following reason:

• Medical Reasons: A doctor's written statement is required.

## **Medication Policy**

Since we are part of the Conejo Valley Unified School District, CVUSD Preschool adheres to their policies and protocol regarding medication.

When it is determined that a child in our care needs to be on a temporary or long term course of prescribed medicine:

- Parents must have their physician complete a school district "Authorization for Any Medication Taken During School Hours" form.
- The parent and/or a school nurse must provide training for the staff as to the proper administration of the medication, including dosage and delivery.

Staff will not dispense over-the-counter medication.

Sunscreen will be handled on an individual basis. Please see staff for a *Permission to Apply Routine Care Products* form.

## Health

Your child's health is important to us. It is mandatory that the teacher perform a health inspection when your child arrives at school. If there are any indications that your child is ill or has been ill within the last 24 hours, the teacher may fill out a *Health Inspection Checklist Form* before sending your child home with you.

**For any child that has been sick:** Your child may return to school when he/she has been fever-free (without medication) or has had no diarrhea or has not vomited in 24 hours. In the case of a communicable disease, treatment and a doctor's note is required to return to school. A child who is out due to illness for 5 consecutive days will be required to bring in a doctor's note.

Children who are absent due to a serious injury or following a surgery are required to bring a doctor's note verifying that child is able to come back to school and whether or not the doctor has recommended any restrictions. If there are any restrictions that are not feasible in a child care setting, the child will have to remain out of the center, until such time that he can return without restrictions.

Remember to call the center when your child will be absent and for every day your child will

be absent. Please call: 805-494-8100 or 805-496-9035 or visit our website www.cvusdpreschool.org and click the "Report an Absence" tab.

In the best interest of your child and his/her classmates, please keep your child home from school if he/she has:

- Any sign of head lice and/or nits. A child may not return until treated.
- A fever above 101° F or vomited during the previous twenty-four hours.
- Heavy nasal discharge.
- Been fussy, cranky and generally not him/herself.
- Symptoms of a communicable disease.
- Unexplained rash or skin eruption.
- Had excessive diarrhea during the previous twenty-four hours.
- Pink eye (conjunctivitis) cannot return until after treatment has been initiated.

"Exclusion from School Criteria" comes from Caring for Our Children: National Health and Safety Performance Standards.

During any medical or dental emergency or in case of illness or accidental injury we will immediately attempt to contact a parent or guardian. If we cannot reach a parent we will call 911. Please keep school personnel up to date on current contact information. In case of severe injury, 911 will be called first.

## Safety

The safety of your child(ren) is our most important job and we count on your participation:

- CVUSD Preschool will not provide any transportation on a daily basis or for any field trip.
- No child will be released to a parent or parent representative who does not have the proper restraint system in place for the child according to state law. California state law requires children to ride in a federally approved baby car seat or child booster seat in the back seat until they are 8 years old.
- Per Kaitlyn's Law, signed into law in 2001, it is illegal for a child under the age of 6 to be left unattended in a motor vehicle without being attended by someone 12 years or older (California Vehicle Code 15620).
- All CVUSD Preschool staff members are Mandated Reporters and are obligated to report to Child Protective Services any situation or behavior that is dangerous or can cause harm or injury to a child.

#### **Disaster and Emergency Procedure** Emergency Communication

In the event of an emergency, we will do our best to post updates on our website and/or Instagram. Please keep in mind that student safety will be our first priority. As we are able, we will make updates to keep all families informed.

#### **Coordinated Disaster Plan**

In the event of a natural disaster, such as an earthquake, our staff will remain on site with children to ensure their safety. City Center practices drills and has a Disaster Site Plan, which is coordinated with the School Safety Plan.

#### Identification and Emergency Information

<u>This required form</u> is part of the enrollment packet. Please include a complete list of additional authorized people when you fill out the form. Don't forget to include non-local friends and/or relatives to contact. It is important that children are picked up as soon as possible after an emergency.

## Nutrition

CVUSD Preschool partners with Conejo Valley Unified School District's Child Nutrition Department to offer foods and beverages that represent current nutrition standards and are also served in appropriate portion size for the preschooler. CVUSD Child Nutrition follows guidelines set forth by the **National School Lunch Program. NSLP** guidelines include:

- Calorie ranges are based on science and data on children's food intake
  - Ranges apply on a weekly basis and are averaged over the week
- GRAIN PRODUCTS
  - Must be 51% or more whole grain
  - Do not contain refined sugar
  - Low in fat and sodium
- SUGAR
  - Products must have less than 35% sugar by weight (CVUSD's average menu is less than 25%)
- FAT
  - No more than 35% calories from fat
  - $\circ$   $\,$  No more than 10% calories from saturated fat
  - No trans fat
- SODIUM
  - Meals must contain less than 800 mg sodium
- JUICE
  - Must be pasteurized 100% juice; no sugar added
  - Snacks; juice cannot be served when milk is served as the only other component
- BREAKFAST CEREAL
  - Must contain no more than 6 grams of sugar per dry ounce
- MILK
  - Children between 12 and 23 months should be served whole milk
  - Children two years and older can only be served low fat (1%) or nonfat milk

Two daily nutritious snacks from a variety of food groups are provided. Drinks include water,

juice and low-fat (1%) milk for children over the age of two years.

We maintain a "**low sugar" and "no nut" policy**. Please inform staff of any food allergies your child may have.

#### Tree Nut List:

Walnut, Almond, Hazelnut, Cashew, Pistachio, Brazil nuts, Beechnut, Butternut, Coconut, Ginkgo nut, Lychee nut, Macadamia nut, Pecan Pesto, Pine nut, Praline.

### **Snacks and Lunch**

CVUSD Preschool participates in the Child and Adult Care Food Program (CACFP) offered by the U.S. Department of Agriculture (USDA) and serves meals at no separate charge to all enrolled children beginning at age 2. This program is optional. If you would like your child to receive lunch from CVUSD nutrition department, please complete the nutrition form in the registration packet and let the office know.

Parents also have a choice to provide lunch on a daily basis and in accordance with our healthy food policy. We will provide preschoolers with an AM and a PM snack. Lunches will not be stored in a refrigerator so please place a cold pack in the lunch box if you are packing perishable food. Remember to label your child's lunchbox. Staff are not permitted to warm up/microwave any packed lunch items. Please consider use of a thermos for any items you wish to remain warm in your child's lunch. Milk will be provided for lunch. Juices or sugary drinks are not allowed in school or any CVUSD Preschool sanctioned activity. Please do not pack candy, gum, or cookies. Please notify staff if your child has food allergies and we will provide alternatives when possible.

Foods not to pack	Alternative items
Cookies	Rice Cakes/Graham Crackers
Cupcakes/Cakes	Bran Muffins
Juice	Fresh Fruit
Candy/Fruit roll-ups	Granola Bars
Soda Pop	Water

Our students learn to be independent while setting the table, serving their snacks on their plates and pouring their own beverages. Children are encouraged to try and taste their snack.

## Holidays and Birthdays

#### Birthdays

We know that birthdays are a big deal for children. However, in order to maintain a calm and inclusive atmosphere here at school, we ask that you celebrate it appropriately on campus. Please do not bring balloons or any sugary snacks or no treats into the classroom.

Suggestions of items to share with the class:

- a birthday book that is donated to the classroom
- goodie bags (no food) (you must send enough for everyone in the class, and you must give them to the teacher. We will help your child hand them out before going home. Please do NOT put goodie bags in your child's cubby.) Per licensing, you may not put items in another child's cubby.

We do not allow children/parents to pass birthday invitations at school. At this young age, students are very conscious of who is getting an invite and who is not. If you wish, you may hand invitations to parents outside of the gate or you may put invitations in the file behind each child's sign in/out sheet.

#### Holidays

The CVUSD Early Childhood Program refrains from religious instruction and worship in our program in accordance with State Law regarding Funding Terms and Conditions for agencies contracting with the California State Department of Education, Child Development division. For this reason, and to continue with our philosophy of equality and calm inclusive learning, we will not celebrate holidays in the classroom. Please do not send candy or items to be given out or exchanged at school for Halloween, Christmas, Valentine's Day, Easter or any other holiday.

## Sign-In and Sign-Out Procedures

- A designated sign-in form is used by each classroom on a daily basis.
- All parents must sign their children in and out each day noting the exact time of arrival and departure.
- Your legal signature must be used when signing in and out.
- Anyone other than the parent picking up the child MUST be at least 18 years old and be listed on the child's Emergency Card and must have a photo ID.
- As a courtesy please notify your teacher when someone other than you will be picking up your child.
- In case of the situation where a child will be picked up and returned during the day, the parent MUST sign out and back in again on the same day.
- If you know you are going to be detained for picking up your child, please notify the school immediately so that we may reassure your child (late fee will still apply).

### Nap and Rest Time

All preschool children who are at the center for the full day will be offered a rest period. A napping space and a cot or mat is available for each child. Parents will need to supply the child with a sheet and a small blanket which will be laundered weekly by the parent. A special-blanket or stuffed animal from home may be brought for use at naptime.

### **Parent Participation**

We value parent participation and look forward to a strong partnership with each and every family.

There are many ways that parents can become involved at the center.

#### Volunteer opportunities include:

- Working with the children and teachers in the classroom and on the play yard.
- Accompanying the class on a field trip.
- Assisting with snack preparation and clean-up.
- Playground, yard, garden and classroom maintenance, as needed.
- Creating or assisting in special projects in your child's classroom.
- Work on CVUSD Preschool events or fundraising opportunities.
- Share hobbies, interests or talents with the children in the classroom.

Parents should prearrange volunteer opportunities with their child's teacher by signing up in the classroom. All parent/adult volunteers must have a current negative TB test, show immunization records for influenza, pertussis and measles, and have a Statement of Health on file with CVUSD Preschool before being allowed to volunteer in the classroom.

#### Help us to help you!

If your child has any special needs, we should be aware of, please let the center staff know when your child is enrolled. It is beneficial for the staff if they have information or prior knowledge about a situation. It is our desire to work with you, so we can help your child be successful. We welcome you sharing what works for you, and we may be able to implement similar strategies. Changes in your child's routine or environment (including medication, illness, and sleeping patterns) which affect his/her behavior, should also be discussed with the staff. We are here to help provide support to your child through such transitions.

## **Field Trips**

Field trips will be local and will be walking trips only. If fees occur from upcoming field trips, they will be collected on an individual basis.

### Clothing and Personal Items

Children are actively involved in hands-on experiences at preschool that are frequently messy, and clothing can become stained. Please think of your child's comfort and provide simple clothing, free of complicated fastenings. Please consider your child's needs when using the bathroom. Buckles and belts, etc. or other types of clothing that take a lot of time to remove can cause accidents. Clothing should be washable, and shoes should be sturdy and must be close-toed. Sneakers are the preferred footwear for preschool.

We require that you:

- Provide one **full change of clothing** for your child in a clear zip-lock bag.
- Label the bag and each item of clothing with your child's name.
- Do not allow your child to bring toys from home, except on prearranged sharing days.

## **Toileting Procedures**

When a child shows readiness signs for toilet learning, parents will be offered the CVUSD Preschool Toilet Learning Guidelines. Parents and teachers will create a plan together for the child who is ready for Toilet Learning. If the child shows us that he/she is not ready for using the toilet and needs to go back to diapers, the parents and teachers will discuss a new plan.

Children will wash their hands after toileting. If the need arises for a child to change wet or soiled clothes, please remember to return an extra set of clothing for your child's cubby. Children must be able to clean and redress themselves after toileting in the preschool setting.

### Separation

How each of us handles separation and new situations varies from person to person... and this is the same for children.

As parents, you can help children with the transition to school in a variety of different ways:

- Reassure the child that you will be back when school is over.
- Place emphasis on what the child is going to do at school rather than what your activities will be while he/she is at school.
- See that the child is involved in the specific activity or is in the hands of a teacher before you leave him/her.
- Always tell your child when you are leaving.
- Avoid prolonged goodbyes.
- Ask the teacher for help in separation. They are there to help the child through the sadness of separation.

Please notify your teachers if there are any significant changes or events in your family's life. We may see some changes of behavior in class and with your support we will be able to help your child handle the changes that are occurring.

Please be aware that drop off time is not the time for siblings to be playing and hanging out on the play yard. Our staff is not responsible for supervising siblings and per licensing; we need to stay within our ratios.

## **Educational Goals for Preschoolers**

## **Developmentally Appropriate**

We believe that children are unique, develop at different rates and are interested in different things during the early years. We allow for these individual differences by taking into account each child's current stage of development, ability and language when planning activities. We are a <u>pre</u>school. It is our job to teach <u>pre</u>-reading skills, <u>pre</u>-writing skills, and <u>pre</u>-math skills.

## **Social-Emotional Development**

We believe that children must form close, nurturing relationships in order to build trust. We use strategies from the Center for Social Emotional Health to support:

- Promotion of healthy social emotional development
- Prevention of challenging behaviors
- Development of individualized intervention plans when needed
- Children learn best when their environment and daily routines are:
  - Predictable
  - Flexible
  - o Child-centered

### Language and Literacy Development

Young children's language grows when teachers provide:

- Chances for meaningful conversations
- Narration about everything that is going on in the classroom
- New vocabulary words
- Information
- Songs, poems, rhymes and chants

Books are available throughout the classroom, as well as a designated book area.

Children are given many opportunities to express language through dictation of their drawings and journaling.

## **English Language Development**

We know that some of the children in our classrooms are in the process of learning English. We want to make them feel welcome and encourage them to use English in their own timeand to use it as they feel comfortable.

## **Mathematics**

Math is a natural part of the preschool environment.

We create opportunities to incorporate math into everything we do:

- Math vocabulary with the children, including more, less, smaller, bigger
- Counting (how many children are at school today?)
- Setting the table for snack, serving snack, i.e. take two crackers and one scoop of yogurt
- Sorting
- Classifying
- Creating patterns
- Measuring

## Visual and Performing Arts

Children are given daily opportunities to:

- Paint
- Draw
- Play and listen to music
- Pretend play

## **Physical Development**

Each child grows at his own pace in the physical area as in other areas of development. Teachers enhance physical development for large muscle development by encouraging and offering various activities including:

- Running
- Leaping
- Hopping
- Sliding
- Climbing

Small muscle development is promoted through:

- Use of small manipulatives: puzzles, building materials, writing practice
- Use of eating utensils
- Sensory activities such as pouring water and playing with sand, as well as using play dough
- Squeezing wet sponges and using small tongs and tweezers

## Health

We encourage children to become aware of the basic skills needed to develop healthy bodies. Children Play materials, books and charts that reflect this area of development are available to the children throughout the classroom. Discussions take place about nutrition, the growing body, dental hygiene, and being safe in their physical environment.

Healthy habits are as equally important as other areas of curriculum. We promote good habits from the start by providing foods that are nutritional. Snack and meal times are usedas an opportunity for children to socialize (practice manners, take turns, and engage in conversations). Food is served family-style with children and teaching staff eating together asa group.

Our approach to health allows children to participate in self-help activities that promote healthy practices such as: washing hands upon entering the classroom, before and aftermeals and after using the toilet.

## **Individual Development and Identity**

For preschoolers, we stress that they are part of a community and help them to understand that it is each one of their jobs to help take care of each other and their classroom-environment as well as the outdoor environment.

Teachers help children practice turn-taking and seeing situations through the perspective of others which helps children become a part of the classroom community.

## Science

Teachers provide activities for the children that include:

- Scientific inquiry
- Hands-on/minds-on playful experiences that help them understand how things work
- Cause and effect

The children learn about the physical environment when they study rocks, volcanoes, leaves, bugs and other things found in nature.

They use scientific tools such as magnifying glasses, scales and rulers. These activities foster curiosity and questioning and help children to make hypothesis that they can test.

They study life science when they have fish or other pets in the classroom.

### **Parent Conferences**

We hold Parent Teacher Conferences two times per year (late October and late April) to share information with you regarding your child's development and to let you know what we are doing in the classroom to prepare them for kindergarten.

We use a developmental assessment tool called Desired Results System, which evaluates children in the following areas:

- Self and Social Development
- Language and Literacy Development
- English Language Development
- Cognitive Development
- Mathematical Development
- Physical Development
- Health

## Discipline

#### "To teach, to guide; a state of order maintained by training..."

"If a child doesn't know how to read,

We teach."

"If a child doesn't know how to swim,

We teach."

"If a child doesn't know how to multiply,

We teach."

"If a child doesn't know how to drive,

We teach."

"If a child doesn't know how to behave,

We teach."

As Early Childhood Educators, we believe that Discipline means teaching and guiding children. We rely on techniques from the Teaching Pyramid to help children learn social skills and develop emotional competence. The behavior expectations that we have for all children and the adults in our program are that they are **Safe, Friendly and Respectful**. We spend a lotof time in the classroom teaching these skills and supporting your child's Social and Emotionalskills.

We understand that discipline and punishment are not the same. We also recognize that every moment is not a negative reactionary response such as "time out" and the habitual use of the words "no," and "don't" are to be avoided. No form of corporal punishment is ever allowed. (Please refer to the appendix, *Tell Me What to Do Instead!*)

All children have the right to be treated with respect and to play and learn in a safe environment. Teaching staff will establish classroom expectations from the first day of class. They will use the Teaching Pyramid Expectations of Safe, Friendly and Respectful.

Staff will:

- Create a safe and welcoming environment for every child and family.
- Model and encourage conflict resolution skills.
- Encourage respect for others' feelings.
- Recognize the strengths in each child.
- Help children to problem solve first with adult help and then on their own.

We know that all children do not come to preschool knowing how to be a preschooler or how to make friends. We recognize that it is our job to teach them how to express their feelings, ask a teacher or another child for help and how to be a good friend.

#### However, we will not allow any child to:

- Hurt him/herself or any member of the staff.
- Use habitual profanity or vulgarity.
- Be consistently and persistently uncooperative.
- Run away from the teachers or leave the school premises by himself/ herself.

When teachers have a child who is not being safe, poses a danger to himself/herself or others, or uses inappropriate language on a consistent basis, we expect to meet with the parent(s) and resolve the problem together. If these problems persist, you will be asked to pick up your child immediately.

When your child exhibits challenging behaviors that are not harmful or causing injury to himself/herself or others, but are affecting the routine of the classroom, teaching staff will work with you and your child to replace the behavior with more appropriate behaviors that align with being Safe, Friendly and Respectful.

During the process of working with your child we may suggest that you attend a series of the *Positive Parenting Program (Triple P).* This will help you help your child to become more successful at school and at home. We may ask you to partake in an Ages and Stages Questionnaire that will help identify your child's strengths and where we can concentrate our intervention efforts.

As a last resort, CVUSD Preschool will release your child from our program and attempt to find a school placement that can support your child's needs.

## Supplementary Services and Referrals Provided by CVUSD Preschool

- Information and Referral to community services and support groups
- Literacy Programs Literacy Workshops, Snuggle Up and Read Program
- Speech, language, behavioral health and special education referrals (BeMe 805-492-4051)

#### **Sexual Harassment Policy**

The CVUSD Governing Board is committed to maintaining an educational environment that is free from harassment. The Board prohibits sexual harassment of students by other students, employees or other persons, at school or at school-sponsored or school-related activities. The Board also prohibits retaliatory behavior or action against persons who complain, testify, assist or otherwise participate in the complaint process established pursuant to this policy and the administrative regulation.

The Superintendent or designee shall ensure that any complaints regarding sexual harassment are immediately investigated in accordance with administrative regulation. When the Superintendent or designee has determined that harassment has occurred, he/she shall take prompt, appropriate action to end the harassment and to address its effects on the victim.

# **Expulsion/Suspension -**

#### Expulsion

Starting January 1, 2023, licensed child care providers cannot expel children with persistent and serious behaviors without expeditiously pursuing and documenting reasonable steps to maintain the child's safe participation in the program. If, after doing so, the program determines that the child's continued enrollment would present a serious safety threat to the child or other enrolled children, it cannot expel the child unless it refers the child to other potentially appropriate placements or the local child care resource and referral agency.

#### Suspension

Starting January 1, 2023, licensed child care providers cannot suspend a child with persistent and challenging behaviors unless there is a serious safety threat that cannot be reduced or eliminated without removal. If suspension is deemed necessary, a program shall help the child return to full participation in all programs as quickly as possible while ensuring the child's safety.

If your child is suspended or terminated from , the agency will notify you by giving you a "Notice of Action" (NOA). The NOA will:

• Tell you what action will be taken, the reasons for the action and the date on which that action will be taken.

• Specify that you have a right to appeal the action on the NOA if you disagree with it and provide you with instructions for appealing. https://www.cdss.ca.gov/Portals/9/CalWORKs/CCT/CCDD/PUB523.pdf?ver=2022-05-12-095714-397 Please keep a copy of your NOA.

### Appeal Process –

If you disagree with the action on the NOA, you may submit an appeal within 14 calendar days of the date the NOA was received. You may complete the second page of the NOA and mail, fax, deliver or email a copy to CVUSD Preschool City Center.

Within 10 calendar days of receiving your timely request, City Center will provide you with a notice telling you the date, time, and place of the local hearing. The local hearing will be conducted by an individual who is not involved with the decision.

## Tell Me What To Do Instead!

#### **Family Version**

## **COMMUNICATION IS THE KEY**

- 1. Tell your child what to do instead of what not to do.
- 2. Show your child by demonstrating, modeling, or using a picture of the action.
- 3. Clearly and simply state what you expect your child to do.
- 4. Remember young children use inappropriate behavior because they may not understand the social rules and/or because they are unable to consistently apply what they are in the process of learning.
- 5. Talk to young children using language they understand. Young children may not understand a word like "don't" because it is a short word for "do not" and he/she may not know what the "negation" of a word means.
- 6. Encourage your child in a way that lets him/her know that he/she is exhibiting the desired behavior. Use positive, descriptive acknowledgement while the child is making an effort or is doing the desired behavior.
- 7. Some children will respond better to more subdued expressions, and acknowledging them in a "matter of fact" way might be more effective.
- 8. For the most part, be enthusiastic and generous with encouragement. Most children can never get enough!

#### **Examples:**

Avoid	Say/Model	Positive Descriptive Acknowledgement
Don't run!	<ul> <li>Walk</li> <li>Use walking feet</li> <li>Stay with me</li> <li>Hold my hand</li> </ul>	<ul> <li>You're holding my hand. That is so respectful.</li> <li>You walked carefully when carrying your drink. You made a safe choice.</li> <li>You are so friendly to walk beside me and keep me company.</li> </ul>
Stop climbing!	<ul> <li>Keep your feet on the floor</li> <li>Do you need something up high? Let's find a safe way to reach it</li> </ul>	<ul> <li>Wow! You have both feet on the floor! You are being safe.</li> <li>You asked for help to get something, you are being careful.</li> <li>You really like climbing! I'm glad we went to the park.</li> </ul>
Don't touch!	<ul><li>Look with your eyes</li><li>Keep your hands down</li></ul>	<ul> <li>You were really listening; you are looking with your eyes!</li> <li>You kept your hands down. That is respectful.</li> </ul>
No yelling!	<ul> <li>Use a calm voice</li> <li>Use an inside voice</li> <li>Turn the volume down</li> </ul>	<ul> <li>You are using a calm voice! You look happy.</li> <li>You are using a soft voice inside the house. That will help Daddy to finish his nap.</li> </ul>
Stop whining!	<ul> <li>Use a calm voice</li> <li>Talk so that I can understand you</li> </ul>	<ul> <li>You are talking so clearly! That is so easy to listen to.</li> <li>You told me with your words what was wrong. That is helpful.</li> <li>You used your words. How respectful!</li> </ul>
Don't stand on the chair!	<ul> <li>Sit on the chair</li> <li>Chairs are for sitting</li> <li>Do you need something up high? Let's find a safe way to reach it.</li> </ul>	<ul> <li>You are sitting on the chair. What a careful girl.</li> <li>You were responsible when you sat in the chair.</li> <li>You stood on the ladder. You chose to be safe.</li> </ul>
Don't hit!	<ul> <li>Gentle hands</li> <li>Hands are for playing, eating, and hugging</li> </ul>	<ul> <li>When you used gentle hands you were being respectful.</li> <li>You used your hands for clapping! You like being safe.</li> <li>You are hugging her. What a friendly girl.</li> </ul>
No coloring on the wall!	<ul> <li>Color on the paper</li> <li>Put the paper on the easel if you want to color standing up</li> </ul>	<ul> <li>Wow. You are coloring so carefully. You are focused.</li> <li>You put the paper on the easel. That is being responsible.</li> <li>You are an artist standing at the easel.</li> </ul>
Don't throw your toys!	<ul> <li>Play with the toys on the floor</li> <li>Toys stay close to the ground</li> <li>Please keep the toys on the table</li> <li>If you are finished, please put the toys away.</li> </ul>	<ul> <li>You are playing with the toys on the floor. So safe.</li> <li>You decided to keep the toys on the table. That will keep them out of the vacuum cleaner.</li> <li>You put the toys away all by yourself! It looks like you are finished with those. What will you do now?</li> </ul>
Stop playing with your food!	<ul> <li>Food goes on the spoon and then in your mouth</li> <li>Say "all done" when you are finished eating</li> </ul>	<ul> <li>You're using your spoon. You're being careful.</li> <li>You said "all done." That is helpful.</li> <li>You are practicing manners by eating your food with a spoon and fork.</li> </ul>
Don't play in the water/sink!	<ul> <li>Wash your hands</li> <li>If you're finished washing your hands, please dry them</li> </ul>	<ul> <li>You washed your hands. What a healthy guy!</li> <li>You followed the hand washing steps! You try hard.</li> </ul>

Family Version Adapted in 2013 by Laura Fish and Linda Brault of WestEd from Lentini, R., Vaughn, B. J., & Fox, L. (2005). Creating Teaching Tools for Young Children with Challenging Behavior [CD-ROM]. (Early Intervention PBS, The Division of Applied Research and Educational Support 13301 Bruce B. Downs Tampa, FL 33612)

